

**Human Health**

**Green entails so much more than just its’ beauty. A green environment, as well as food, is important to improve our health and keep us healthy. In the world of *Human Health*, you will have the opportunity to work on new biological applications in health care.**

 **Food & Health**

Forty percent of all diseases are the result of unhealthy behavior, and three of the five most expensive Western diseases are caused by an unhealthy diet. People can improve their health and well-being through a healthy food pattern, which includes less meat and more fruit and vegetables. Would you like to educate people about this theme? Could you create the perfect spice mix with less salt that makes chips taste delicious?

Biotechnology can be used to make medicines, using 100% natural raw materials. Do you participate in the production of food with extra fiber, protein, or calcium? Or make hospital food better adapted to patients’ illnesses?

**Health Care**

Health care will become greener. Did you know that flowers and plants have a positive effect on the recovery of sick people? For example, cancer patients can receive treatment outdoors in special chemo gardens. This makes them feel less stressed and insecure, which could accelerate their healing process. Would you like to contribute to the green hospital of the future?

Animals are playing an increasingly important role in people’s health, well-being, and healing as well. You could think of coaching with horses, guide dogs for the visually impaired, or a rabbit for an autistic child. Did you know about these therapy animals?

**Green environment**

A green environment does not only contribute to the improvement of people’s health, but also has many advantages for healthy people. For example, trees and plants are good air purifiers and air conditioners. Trees absorb CO2 from the air and, in return, emit oxygen. In addition, a green environment provides cooling on hot days, which is especially important in the city. A green environment invites you to go outside, relax, and exercise. Would you like to help people stay physically and mentally healthy?

***Contribute to people's health by working in the green sector of Human Health.***

